

## First Consonants Block

### We suggest you teach 10 consonants in the 1<sup>st</sup> Block:

1. Choose consonants from the first and second columns below in which the consonant sound (phoneme) is embedded in the letter name (e.g., *B*: /b/+ /ee/ or *L*: short e + /l/). This helps the children learn the letter. Wait to teach random names and partial match names until your second consonant block.
2. Most of the letters that we recommend introducing in this block follow Steiner's Eurythmy evolutionary sequence of sound: B M D N R L G CH F S H T K P V. Wait to introduce G and, of course, CH which is a consonant digraph.

### Breakdown of Consonant Letter Names and Their Sounds

Letter name = consonant sound + vowel sound	Letter name = vowel sound + consonant sound	Random name	Partial match name
B, D, J, K, P, T, V, Z	F, L, M, N, R, S	H, Q*, W, and Y have no relationship between the name of the letter and its sound.	X, C, and G have more than one sound: One sound contains a phoneme match, but not the other/s.

*\*We classified the letter Q as random because QU is always taught as a unit with the sound /kw/; the letter Q (i.e. /k + long U/) is not another way to spell the phoneme /k/.*